

Class Descriptions

Creative Movement with Tap, Children's Ballet and Tap 1, 2, 3 & Boys Dance (ages 3-6) Exploration of ballet, jazz and tap skills and vocabulary through creative dance. Through structured and free movement the instructor will guide the students, allowing them to discover their bodies' capabilities and potential. Involvement in *these classes* will help to develop coordination, locomotor abilities, and kinesthetic memory for future movement patterns. *Creative Movement, Children's Ballet and Tap 1,2,3 & Boys Dance* classes are great introductions for future dance disciplines.

Ballet Technique Levels 1-7 Classes are designed to develop vocabulary, technical ability, coordination, strength and movement quality for each individual student. Not all students will progress at the same rate. The syllabus content is specific for each level and builds upon that which was covered in the previous technical level. It should be noted that the progress of each individual student is relative to his or her level of commitment and/or the number of classes attended per week within that level.

Modern Modern dance explores basic movement concepts such as over/under curve, contraction/release of the torso and articulation of the spine. It also emphasizes the use of the floor for centering, grounding oneself in movement, and focuses on the breath (inhale/exhale), which brings quality to one's movement. Teachers incorporate an eclectic blend of contemporary and post-modern movement into their classes.

Jazz Jazz dance, like jazz music, relies strongly on rhythm. A major element in musical theatre and motion pictures, jazz dance is energetic with dancers using different parts of their bodies such as the shoulder, pelvis and head in isolated movements. All jazz students are strongly encouraged to be enrolled in a ballet class. Students will learn a variety of styles from Broadway to contemporary.

Lyrical Lyrical dance is a contemporary dance form which fuses ballet, modern dance, and jazz. It requires excellent technique to perform. The goal of the lyrical dancer is to convey the emotion of a song's lyrics by essentially acting out the story line. Intense emotional expression of the face and body are necessary to tell a story that evolves along the lines of the song to which the lyrical dance is being performed. Lyrical dance is an evolving dance form. Students wishing to take lyrical must be taking at least one ballet class per week.

Tap Classes focus on the fundamentals of rhythm tap, including solid technique, classic and contemporary tap repertory and improvisation skills.

Hip-Hop Hip-hop has evolved from many dance trends, such as breakin', poppin', lockin', the moonwalk...the list goes on and on. Take hip-hop and dip into the realm of freestyle and develop your own urban style.

Canyon Concert Dance Center

Academic Year

Classes at CCDCC (Canyon Concert Dance Center) largely follow the Poudre School District schedule, beginning in late August and continuing through the month of May. The session includes 36 weeks of classes. Monday classes that are missed due to holidays should be made up in other classes during the week.

Pre-School Program

Students ages 3-6 with little or no dance experience may choose from classes appropriate for their age and level of development, in Creative Movement, Children's Ballet and Tap 1, 2, & 3, and Boys dance classes.

Children's Dance Program

Students ages 7+ may enroll in Ballet classes based on the syllabus, and/or may also select from classes in Tap, Hip-Hop, as well as Boys' Dance. Students ages 8+ may enroll in Jazz. Students 9+ may also enroll in modern and/or lyrical. Students may choose to attend one or more classes per week.

School Placement Guide

<u>Class Name</u>	<u>Age Guide</u>
Teen Ballet	Teen
Adult Ballet	Teen/Adult
Pilates	Teen/Adult
Hip Hop 1-4	7 years & up
Jazz 1, 2, 3, 4	8-18 years
Lyrical	9 years & up or by approval
Adult Jazz	Adult
Modern 1, 2, 3, Advanced	9 years & up
Tap 1, 2, 3, Teen/Adult	7 years & up

<u>Class Name</u>	<u>Age Guide</u>	<u>Attendance Recommendations</u>
Ballet 1	7 years	1-2 ballet classes/wk
Ballet 2	8-9 years	2/wk + 1 other dance discipline recommended
Ballet 3	9-10 years	2-3/wk + 1 other dance discipline recommended
Ballet 4	11 years	3-4/wk + 1 other dance discipline
Ballet 5		4 technique classes per wk + 1 other dance discipline
Ballet 6		4 technique classes per wk + 1 other dance discipline
Company Apprentices	By audition only	
Chamber Company	By audition only	Company class as directed & limited rehearsals/performances where cast
Company	By audition only	Company class and rehearsals/performances where cast