

# Fall into Dance

August 2011



## Letter from the School Director

Hello Canyon Concert Dance Center students and parents:

We are looking forward to an exciting 2011-2012 year! Canyon Concert Dance Center is focused on encouraging each student to pursue their love of dance and to progress at their own rate. We have dance for all students, from the student interested in dancing once a week for recreation to aspiring young students that may desire a career in dance.

**My office hours will be Monday & Tuesday Noon-3pm and Wednesday 9am-Noon or by appointment.** I can always be reached by email at [Schooldirector@ccballet.org](mailto:Schooldirector@ccballet.org) or by calling the office (970)472-4156 and leaving a message. I look forward to being more involved with all the amazing students and staff at Canyon Concert Ballet and Dance Center!

Our ballet program starts with three year old dancers in our Creative Movement classes (where they experience tap as well) and continues through Ballet 7 as a teen. Jazz, Modern, Hip-hop, Lyrical, Musical Theatre, Conditioning and Tap are also offered at a variety of levels, including adult. Our Conservatory and Ensemble programs continue to thrive and we are excited to see the progress the dancers involved in these programs will continue to make.

Last spring, each student was provided a progress report detailing their skills and recommending the level they should register for this fall. We have placed your student according to their individual growth in the past year and have made suggestions for other disciplines that they may enjoy. If you have a specific question, please do not hesitate to call us for assistance. If you can not locate the progress report, we have copies in the office for you to use as reference. New students should use their first class as an audition for level placement.

We would like welcome our new instructors: Erinn, Caitlyn, Samantha, Kitty, Kate and Ryne- who will be teaching at both locations Creative movement, Children's Ballet and Tap, Lyrical, modern, jazz and Adult classes.

On September 10th, CCDC is having our fourth annual Black Tie Bowling Event. Tickets are available for \$60. CCB's Ensemble performance will be Friday and Saturday, September 2/3 at the Lincoln Center Magnolia Theatre. The Nutcracker will offer a variety of dates and locations to choose from this year: December 16-18 at The Rialto in Loveland, December 8-11 at the Lincoln Center Performance Hall in Fort Collins. We encourage you to attend and enjoy these wonderful performances this season. Our Spring Showcase will be held on June 5-7, 2012 at the Lincoln Center, and classes end on June 2nd.

Keep Dancing!!!

Sincerely,  
Teri English  
School Director

## Ensemble Performance— *Dreams to Reality*

On September 2 & 3 the Ensemble Program will present *Dreams to Reality* at the Lincoln Center Magnolia Theatre. The performance will combine repertory work and a ballet that travels through a magical castle. Please come support the Ensemble program— tickets are \$8. For tickets call the Lincoln Center box office at 970-221-6730 or [www.lctix.com](http://www.lctix.com) For more information about the Ensemble Program or performance please see the office!



### Special points of interest:

- ✓ Nutcracker Auditions
- ✓ Check front bulletin board and desk for new information
- ✓ Check website for rehearsal and class schedule information
- ✓ Conservatory Program
- ✓ Reminders from the office
- ✓ New Payment Policy
- ✓ Prima Bodywear Sponsorship
- ✓ Spring Showcase 2012
- ✓ Sign up for wellness seminar and fitness evaluations!



## Nutcracker Auditions

### **Company & Apprentice Auditions & Auditions for Nutcracker –**

Monday, Aug 29 6:00 – 7:30

(open to level 6 and advanced dancers, adult dancers)

### **Auditions for Nutcracker for CCDC dancers level 1-5 (must be 8yrs on audition date)**

**Saturday, August 27th** 9:30am-Noon

**\*\*\*A \$5 audition fee will be collected at the audition. This fee helps to cover the cost of the day and administration time.**

\*\*\*NOTE: Please note that there will be multiple casts and each cast will have a different performance schedule. Any dancer who auditions MUST come to the audition prepared to mark themselves available for one or more of the following schedules. NO EXCEPTIONS OR SUBSTITUTIONS!!!

#### **Loveland Group:**

December 12-18

Tech Week – Monday, Tuesday & Wednesday evenings with a potential day-time school performance on Tuesday or Wednesday, December 13 and/or 14. (Details to come later.)

- Performance - will be at the Rialto Theatre in Loveland Friday, December 16 at 7 pm, Saturday, December 17 at 2pm & 7pm, Sunday, December 18 at 2pm and 7pm

#### **Fort Collins Group:**

December 5 through 11.

Tech Week – Monday, Tuesday & Wednesday, December 5-7.

- Performances - Thursday December 8 at 7pm, Friday, December 9 at 7pm, Saturday, December 10 at 2pm & 7pm, Sunday, December 11 at 2pm & 7pm

#### **Parent Meetings**

Saturday, August 27th—9:30am

Or Monday, August 29th— 7:30pm

All Nutcracker parents must attend one of the above parent meetings. We will review expectations, and be available to answer questions.

## SPRING SHOWCASE 2012

Our Spring Showcase 2012 will return to the Lincoln Center's Performance Hall on June 5-7, 2012. Tuesday performance will be for all preschool classes— Creative Movement through Children's Ballet & Tap 3, Wednesday will include Ballet 1-3, Jazz 1-2, Modern 1-2, Tap 1-2, Hip Hop 1-2 and Lyrical 1-2. All upper level classes will perform on Thursday.

\*Please note PSD classes end on June 1 and our last day is June 2nd.

## BALLET & CONSERVATORY PROGRAM

*Greetings Dancers and Families,*

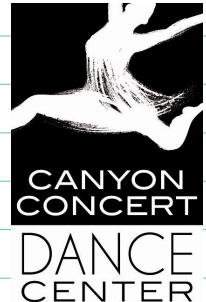
*It is hard to believe that our summer is coming to an end and a new school year is beginning. As the School Director of Canyon Concert Dance Center, I am excited about the continuation of our Conservatory Program.*

*There is a yellow Conservatory newsletter (on front desk and website) that contains many details about this program and all that it entails. Please feel free to call our office with any questions that you have. We know that there is a lot of information to consider when deciding between the Conservatory and Non-Conservatory Programs and we are happy to help you in any way that we can.*

*Regards,*

*Teri English*

*School Director*



## Reminders from the office--

1. Every new session we need to sign a waiver form.
2. Do we have your current email address? If you haven't received correspondence from us on a regular basis, please check your email with the office, or send an email to Kim at [dance@ccballet.org](mailto:dance@ccballet.org)
3. Every Fall we charge a once a year registration fee of \$25/\$45, this is true for all students including hour card and company members. This helps cover the cost of the office administration time.
4. PAYMENTS Please use Black or Blue ink for checks. Our digital reader does not read colored ink!
5. Pick up and read handbook
6. If you are interested in Auto pay please see the office.
7. Register or reregister you locket by 10/1/11

## Prima Bodywear

Canyon Concert Ballet and Dance Center is proud to announce that Prima Bodywear is a sponsor of our organization. Not only will Prima Bodywear be a performance sponsor for our Company productions, but they are graciously offering a discount to all CCB and CCDC students, as well as a smaller discount to family members.

Prima Bodywear is located near the intersection of Mulberry and College in the Opera Galleria (under the staircase).



**Please help us support the businesses that support the arts!!!!**

Call 970-484-2623 for fall hours

## Black Tie Bowling

Come join the fun bowling with friends and raising funds for our scholarship program. Low income students can apply for financial assistance to pay for dance classes.

Sat., September 10th  
 6:00-10:30pm at Chipper's Lanes  
 217 W. Horsetooth Rd  
 \$60 per person or \$200 for a team of 4

Call 472-4156 for tickets and information

Or register online at [blacktiebowling.com](http://blacktiebowling.com)

## New Payment Policy

**We have a new payment policy at CCDC. If you are 2 months behind on your tuition, your student will not be able to continue class until that balance is paid. Please note that we are willing to discuss payment options and plans.**

**SAVE THE DATE!**  
**CCB/DC & Advanced Spine Physical Therapy**  
**Are pleased to announce:**

**EDUCATIONAL SEMINAR FOR LEVELS IV THROUGH VI**

**Risk, Prevention and Management of Injuries.**

**Monday, August 22, 2011**

**Registration at 4:00 p.m.**

**Lecture at 4:30 p.m.**

**GUEST SPEAKER -Christina Vink, MS, ATC**

**Body Dynamics, Inc., Arlington, VA**

**Director of the training room for the Washington School of Ballet**

**SAVE THE DATE!**

**EDUCATIONAL SEMINAR FOR LEVEL VII and COMPANY**

**Risk, Prevention and Management of Injuries.**

**Tuesday, August 23, 2011**

**Registration at 6:00 p.m., Lecture at 6:30 p.m.**

**GUEST SPEAKER —Christina Vink, MS, ATC**

**Body Dynamics, Inc., Arlington, VA**

**Director of the training room for the Washington School of Ballet**

**DANCE FITNESS EVALUATIONS AVAILABLE BY  
APPOINTMENT AT CCB NORTH STUDIO**

**AUGUST 22 AND 23, 2011**

**CALL CCB AT 472-4156 TO SCHEDULE APPOINTMENT**

**EVALUATIONS CONDUCTED BY ADVANCED SPINE PHYSICAL THERAPY STAFF  
AND GUEST CHRISTINA VINK, MS, ATC**

**COST: \$60.00**

**PAYABLE BY CASH, CHECK OR CREDIT CARD TO ADVANCED SPINE PHYSICAL  
THERAPY AT TIME OF EVALUATION. EVALUATIONS INCLUDE INSTRUCTION IN  
INDIVIDUALIZED HOME EXERCISE PROGRAM**

**IF UNABLE TO ATTEND EITHER OF THESE DATES, EVALUATIONS MAY BE SCHEDULED  
BY CALLING ADVANCED SPINE PHYSICAL THERAPY AT 204-9635**

## Why I Dance: Sarah Van Patten

By Sarah Van Patten

*Sarah Van Patten is a great dramatic dance actress. She plunges into roles, bringing nuance and depth to her characters, using lush phrasing to draw out the emotion of the music. And when she pulls off one of her seemingly supernatural balances, you realize the many layers of talent she brings to the stage.*

*Van Patten's star rose swiftly after she joined Royal Danish Ballet as a teenage apprentice. Only months into her contract, she was cast as the lead in John Neumeier's *Romeo and Juliet* and soon after was awarded Denmark's New Talent Prize. But the Boston native was eager to return to the U.S., and at 17 she accepted Helgi Tomasson's offer to join San Francisco Ballet as a soloist. A principal at SFB since 2007, she's performed lead roles in works by Balanchine, Robbins, Wheeldon, Tomasson, and Possokhov. In January she debuted as the lead in Tomasson's *Giselle*.*

I dance today because it is so deeply a part of me that I have little choice. But it wasn't always that way.

When I began dancing at age 6, it was one of my many after-school activities. I savored the physical challenge and the grace, and eventually chose to spend more time on dance and less on my other activities.

After a few years, I imagined myself as a horse with blinders, focused only on the task at hand. Without those blinders, I worried I would get distracted. I was lucky to have the support of my family. My mother had been a dancer and my father was a musician, so they understood my commitment. I also had an amazing teacher, Jackie Cronsberg, who worked with me one-on-one, guiding me to what I needed next. I thrived on this challenge and felt safe in this environment. The ballet studio was my second home.

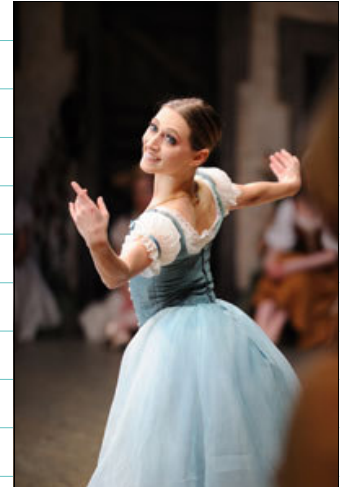
But then, life happens. And like a horse ready for the races, my blinders came off. When I reached 12 or 13, school required more time and I socialized more with my dancer friends. I was excused from gym class and after-school sports so I could do homework, since ballet took up most of my time. This is when I started feeling really different from my school friends. I wasn't into school dances or social clubs—all I wanted was to dance. Striking the right balance wasn't something I could plan, but rather, it was something I felt.

I joined the Royal Danish Ballet when I was 15. At first, I felt detached and alone. Much of my support system was gone—literally an ocean away. It was in Copenhagen that I first faced the difficulties of living all on my own. It was through the choices I made then, when no one was watching, that my life as a professional dancer was cast. This was my moment of truth: Would I get up for company class? Stay for an extra rehearsal? Eat right? Do my exercises? Get enough sleep? Without Jackie and my family I had to rely on myself. I spent my days rehearsing and performing but had to figure out how to continue to practice and learn.

After two years, I joined San Francisco Ballet as a soloist, and six years later became a principal. I found out that it never gets easier, and that practice and learning never stop. Every day I start at the barre, trying to perfect my tendus. I keep on these blinders for the timeless moments that I have onstage. The show is a great experience, but the longer I dance, the more I enjoy the work in the studio. There are moments when it feels as if I'm experiencing something greater than myself.

I've gone back to school in recent years to widen my horizons, and I feel even more fulfilled and driven to dance. I'm looking to explore each role I am given and enjoy the ride wherever it brings me. At some point, every dancer battles with "It's just not good enough yet," so it's easy to become discouraged. But I've let go of worrying about failure.

The performance is only one of the many opportunities presented to a professional dancer. I dance for the relationships I build onstage and off. I dance for the creative process and the love of the music that I get to be lost in.



## Safety Tips-

1. Always wear a cover over your dance wear. This means more than a pair of brief shorts. Please wear street appropriate clothing outside of the studio and lobby, even if only crossing the parking lot to your parent's car.
2. Avoid talking to strangers. Last summer we had a stranger in the area that the police alerted us about. He has not been sighted, but it is always good to be cautious.
3. Do not leave the building alone or the lobby area between classes without your parent's permission. If you do leave the lobby please notify the front desk.
4. Do not leave belongings in the lobby during class. Bring your bags into the classroom or reserve a locker with the office. There is no charge for reserving a locker. You need to bring your own lock and give the combination to the front office for safekeeping.
5. If your ride is not waiting for you at the end of class, DO NOT wait outside after dark. Let your dance teacher know if your ride has not arrived, they will wait with you.
6. Avoid bringing your cell phones to the studio. If you must bring them, please put your cell phone on silent.
7. Protect your dance shoes and our dance floors by wearing your street shoes when you are outside and your dance shoes on the studio floors. Street shoes are not allowed on the dance floors.
8. Please leave all valuables—like jewelry, Ipods, etc at home.

## Nutcracker Volunteer Information-

### **VOLUNTEER INFORMATION**

Each family is required to participate in at least one job per student- each job averages 2-4 hours. *Please remember many hands make light work!*

A **mandatory** parent meeting will be held to review student and parent expectations for the production on August 27 at 9:30am and August 29 at 7:30pm. Both meetings are the same. Choose which one best fits your schedule. If you are unable to attend one of these meetings, please contact the office before August 26th to schedule a private conference. Please bring you calendars/schedules so that you are prepared to sign up for a job at the meeting.

The following are the available jobs:

#### **Props**

1. Prop Repair prior to end of October
2. Backstage props- December 5-11, & Dec 12-18 -6pm – 10pm, 12-4pm for matinees \* need 3 people each night

#### **Backstage Monitors**

1. Party Children, Little ones, Small Rats, Dream Fairies, Pages, Polichinelles, Soldiers \* Each group needs 2 monitors to keep the children entertained, and prepared with costume, makeup and hair December 5-11, 12-18 -6pm – 10pm, 12-4pm for matinees Mentors for backstage- 2 per group per night
3. Backstage Door- 2 per night Bring games
4. Bring hairspray, bobby pins and combs, etc.

#### **Food for Cast/Crew between shows on December 10, 11, 17 & 18**

1. Donate food
2. Help serve food
3. Help cleanup

#### **Boutique in Fort Collins & Loveland**

1. Price items week of Nutcracker
2. Work Boutique table 3-4 people per show 6-10pm December 8-11,16-18

#### **Load up, Set in, Load out**

1. Loveland December 11, Fort Collins—December 3,-

load up truck at CCB and warehouse 2-3 hours

2. December 4 & 12- unload truck at theatre 2-3 hours 8am
3. December 11 & 18 load up truck at theatre and unload at studio and warehouse 4hours 9-12pm

#### **Set Building/Painting**

##### **Food**

1. Help pick up food feeding cast/crew
2. Help get donations of food

##### **Make-up help**

- a. apply kids and dad makeup

Please bring any questions about jobs to the parent meeting. You will be able to sign up for jobs at the meeting.



Phone 970-472-4156  
Fax: 970-472-4158

Where art and spirit  
meet



**Look for our HALLOWEEN  
COSTUME SALE coming in  
October!!!**

### COMMUNITY CORNER

#### **Black Tie Bowling**

September 10, 6-10:30pm Chippers  
Lanes [www.blacktiebowling.com](http://www.blacktiebowling.com)  
Proceeds go towards the CCB  
Scholarship Fund

#### **Dreams to Reality**

September 2—7pm & 3 2 & 7pm at  
Lincoln Center Magnolia Theatre \$8  
Call 970.221.6730 to purchase tickets

#### **Journey -High Performance Dance**

*Theatre* Sept 23,24, 30 & October 1  
7:30pm Lincoln Center  
Call 970-221-6730 or visit  
[HighPerformanceDanceTheatre.com](http://HighPerformanceDanceTheatre.com) for  
tickets

**Don't forget to pick up your 2010-11 Showcase photos and DVD's !**



### **CCB/DC Website**

Please be sure to check our website:  
[www.ccballet.org](http://www.ccballet.org)

For schedule updates as well as rehearsal  
schedules. Our calendar of events, closing etc. is  
listed on the website. Registration is available  
online.

**DON'T FORGET TO PICK UP YOUR  
STUDENT HANDBOOK!!**

**There's lots of great information in the  
handbook**

### **Albertson's Fundraiser**

***Albertson's has a program for non-  
profit organizations that donates a  
portion of sales back to our organiza-  
tion. Pick up a CCB community card***

### **Good Search & Good Shop**

Good Search is a search engine that  
you can use and they will donate  
money to CCB. Go to  
[www.goodsearch.com](http://www.goodsearch.com) enter Canyon  
Concert Ballet as your designated  
charity. Just 500 of us searching  
four times a day will raise about  
\$7300 in a year without any  
spending a dime!

Also check out [Goodshop.com](http://Goodshop.com)—  
great for gift cards.

Help CCB spread the word!

### **Dancewear Trade/Sale**

***Are you moving up a class and need a new color  
leotard?***

We have a few items in the office for sale, please come in  
and see what we have!

Bring in your old leotards, ballet, tap and jazz shoes,  
skirts, jazz pants, and more to sell. Make money to put  
towards new items for you.

