

# Spring into Dance



*Canyon Concert Ballet & Dance Center*

## Letter from Miss Amber/Assessments

THE WHEN, WHY, WHAT & WHO OF ASSESSMENTS

**WHEN:** The assessments will be the second week in April, and will be held during the student's regular class time.

**Ballet 4:**

Wednesday, April 8  
4:30-6:00 pm

**Ballet 5:**

Monday, April 6  
4:15- 5:45 pm

**Ballet 6 and Pointe 2:**

Tuesday, April 7  
4:00-6:00 pm

**Ballet 7 & Pointe 4:**

Thursday, April 9  
4:00-5:30 pm

**Pointe Levels:**

Thursday, April 9

**Pointe 1:** 5:30-6:00 pm

**Pointe 3:** 6:00-6:30 pm

**WHY:** To evaluate the mastery level of each student's progress, so they can be correctly placed for the coming year .

**WHAT:** A practiced full class that represents the year's syllabus material.

**WHO:** All students are highly encouraged to participate in the assessment class where teachers, former CCB company members and notable dance professionals from our community watch and evaluate the students.

Each observer is given a student assessment form to fill out for each participating student. As the class progresses they will comment in writing about many aspects of the student's abilities: such as alignment, turn out, use of feet, legs, arms, head, musicality, coordination, etc. In this way, each student

gets feedback from several pairs of eyes aside from their own teachers.

**BOTTOM LINE---**This is the student's chance to really sink their teeth into material that is practiced again and again. The student can relax and start to honestly demonstrate what they have learned from their efforts of the year. It is an opportunity for them to feel immense pride, joy and accomplishment, in their dance. It is an opportunity for the teachers to gain a deeper understanding of how the individuals learn and progress, and to also be very proud of their students. A day to feel like a dancer, look like a dancer and be a dancer...

**PARENT OBSERVATION---**Parents are invited to observe classes the week of March 9-14.

March 1, 2009

### *Special points of interest:*

- CCB will be closed for Spring Break—March 16-21
- Firebird performance
- Spring Showcase Information
- Boutique Volunteer Information
- Summer at CCDC
- Community Corner— performance announcements
- MARCH Tuition due March 1st— a late fee will be assessed after March 10th



## Spring Showcase Program Advertising

**Are you interested in purchasing an ad in the Spring Showcase program booklet?**

This is a great opportunity to promote your business to over 2300 people.

Also you can purchase

an ad to congratulate your student on a great job this year.

There is an informational board with samples from last year is at the front desk, as well as sign-up sheet. Prices range

from \$25-\$200. Space reservation is due May 1st, payment and ad artwork is due May 5th.

If you need help with your artwork, we can create the ad for you for an additional \$10.

**Great Job on Cookie Dough Fundraiser!!**

**We sold 333 items Ya-hoo!! the Holiday Family sold the most. Followed by Abbie Hanawalt**

**CCB will be closed for Spring Break — March 16th-21st**

## Letter to my teenage self *published in Dance Spirit Magazine Feb 2009*

By Julia Adam

Julia Adam began her ballet training in her hometown of Ottawa, Ontario, then attended Canada's National Ballet school in Toronto at the age of 13. Post graduation, in 1983, Adam joined The National Ballet of Canada. Five years later she was performing with the San Francisco Ballet, where she worked as a principle dancer.

In 1993, Adam's first stab at choreography, *The Medium is the Message*, received a nomination for the Isadora Duncan Award- and proved that this esteemed dancer also had some serious compositional chops.

Since the creation of that first piece, Adam has crafted works that have been commissioned by prestigious ballet companies (SFB, ABT Studio Company and Cincinnati Ballet, to name a few) and performed nationally and in Canada. *Thirteen Lullabies*, which premiered at San Francisco's Cowell Theater in 1996, earned Adam an Izzy Award.

In 2002, she retired as a dancer from the San Francisco Ballet in order to delve deep into the realms of choreography and motherhood. —Monica Levy

Dear Julia,

I came upon a book of affirmations, and I wanted to share one of these so-called truths.

"Failure and success are the yin and the yang of achievement, the two forces in the Universe over which we have absolutely no control. Have you forgotten that all you can control is your response to failure and success?"

You may think the color of your leotard, the height of your pony tail, the width of your hips, the number of pirouettes you do or the length of your legs will determine whether or not you get a job in the ballet world. You believe that, if you control those things, you'll guarantee what you want. Turns out, this is completely off.

After life as a ballerina, you'll spend your time as a choreographer and a mother of two beautiful children. As a mother you'll see that everyone embodies a bit of magic, some gifts no one can take away. We are all unique. As a choreographer, you'll realize you're looking for something specific and sometimes, unexplainable. The belief that you can control a choreographer's choice by wearing a certain leotard

or adding another pirouette is unrealistic.

As a Choreographer, I look for authenticity and am drawn to people who are themselves. When I meet someone or watch a dancer, I want her to be who she is. I'm not interested in some who's cloaked in what they imagine I might like. Spending all that energy on trying to be what you think others want you to be is a distraction from walking your own path.

There will be two occasions when you will throw your arms up and let go of trying to control everything. The first time you'll be promoted to soloist and the second time to principal dancer. Listen to SFB Artistic Director Helgi Tommasson when he says, "You've found your voice. I've been waiting for this to happen." Don't try to control your success in ways that inhibit it.

Believe in yourself. You can control your dedication to the work, your attempt to better your technique and your way of expressing yourself through the language of ballet. Find out who you are, and stop directing your energy toward anything other than you. You are an extraordinary person.

Love- Julia

## Summer at Canyon Concert Dance Center

Our summer schedule is available at the front desk. Please see the schedule for your class levels specific dates. We will have a Summer Dance Intensive from June 1-26 which will

be Monday-Friday from 9:00 am-4:00 pm.

We also have summer camps for 3-6 year olds – Fairy Princess

Camps and Act!Sing!Dance!. For 6-12 year olds- Corps de Ballet, Act!Sing!Dance!, Hip Hop Camp and Become a Jazz Dancer Camp.

## Spring Showcase— May 16 & 17

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This year's Spring Showcase will be on Saturday, May 16th—7pm and Sunday, May 17th at 2pm at the Lincoln Center Performance Hall. ALL Tickets will be \$5, available through the Lincoln Center Box Office starting April 16th.

**PLEASE NOTE THE SEATING COSTS HAVE BEEN INCREASED DUE TO THE INCREASED COST OF THEATRE RENTAL & TECHNICAL LABOR AT THE LINCOLN CENTER.**

### **COSTUMES-**

All costumes have been ordered .

### **PHOTOS**

Photos are scheduled to be taken May 12, 13, & 14. Details will be available next month.

### **IN-STUDIO SPACING/DRESS REHEARSAL**

On May 9th at 1pm in Studio 1, we will have a spacing rehearsal/dress rehearsal for select classes only. Please reserve the time and we will notify you as soon as possible with the schedule.

### **THEATRE DRESS REHEARSAL**

On Saturday, May 16th at 1pm we will have a final dress rehearsal at the theatre. Schedule for arrival will be available closer to the performance. There will be a scheduled time for each class.

Teachers will use a small portion of each class time to teach Showcase choreography.

## Boutique Volunteers Needed- May 16 & 17

We will need volunteers to help out with the Boutique for the Spring Showcase.

### **FLOWERS**

We will need 4-5 people to help make flower arrangements at the studio on Saturday, May 16th.

### **MERCHANDISING**

Nancy needs 1 person to help her during the day on Saturday, May 16th to price and inventory all of the items.

### **BOUTIQUE SALES**

We will need 4-5 people each day to help at the Boutique table at the Lincoln Center.

If you are interested in helping with any of these items please see the office or sign up on the front board.

## Ensemble Update

Several of our Senior Ensemble members, as well as Canyon Concert Ballet company members, will be collaborating with the Youth Orchestra of the Rockies for a Spring performance. We will be performing excerpts from the ballet Firebird. Please see our office staff to purchase tickets for the show.

## Firebird

### ***FIREBIRD***

***Youth Orchestra  
of the Rockies  
& CCDC Ensemble with  
CCB Company members***  
Sunday, April 19

3 pm

University Center for the Arts: Griffin Hall

Tickets: \$10/ Adults, \$5/ Children and Seniors



*Canyon Concert Ballet & Dance Center*

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**Where art & spirit meet**

Keep your eye out for the  
Spring Showcase photo  
schedule!!!

We have Community Partners Albertsons cards!  
When you use this card at Albertsons Canyon  
Concert Ballet will receive 1% of your purchase  
from Albertsons. This program doesn't cost you  
anything— it's Albertson's way to give back to the  
non-profits in the community.  
Please pick up your Albertsons Community  
Partners card at the front desk!



**COMMUNITY CORNER**

**ABT II**

March 6 at the Lincoln Center  
Call 970-221-6730

**New Visions Dance Festival**

March 27 & 28, 7:30pm  
at the Lincoln Center Mini-Theatre  
Call (970) 221-6730

*Come see the CCB Company perform  
as well as Miss Kim & Miss Amy*

**Firebird**

April 19  
Ensemble & CCB Company Members at Griffin Hall  
on the CSU Campus. Tickets available in front office

**West Side Story- The Ballet**

Canyon Concert Ballet Company's Spring Performance  
April 24 & 25 at the Lincoln Center Performance Hall  
Call 970-221-6730 for tickets



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